



Community Meeting April 5th 10:00 -12:00 Study- Presentation On Angels

Dear Brothers and Sisters in Carmel,

"It was our infirmities that he bore, our sufferings that he endured" Isaiah 53:4

Jesus Christ paid a debt he didn't owe because we owed a debt we couldn't pay.

With the beginning of this month we are fast approaching the conclusion of Lent. Do we need to examine thus far how much mortification for our sins that we are enduring? Holy week is one of the most important weeks on our church calendar. The Triduum, Holy Thursday, Good Friday, and Holy Saturday are such Holy Days to observe. Maybe we need to tell ourselves with Easter fast approaching that it is not about the food, new clothes, Easter baskets, candy etc. but the sufferings that Jesus endured for our sins and the wonderful outcome of the resurrection of Jesus. Let us not make short of Our Lady's sufferings as she watched and endured her son's sufferings. She took it all in and like her son did not utter a word. Let us learn from Mary's example to carry our own crosses.

Let us also learn from Mary kindness. An unkind word can spoil a whole day, just as a kind word or look can sweeten a whole day. Don't be one of those who boast that they always speak out what is in their minds, and never conceal their likes and dislikes. It is restraint that shows strength. We cannot have friendship for all, or like all in the same degree, but we can restrain our dislikes and be ready to show politeness and helpfulness even to those we naturally do not like. We feel our own sorrows and troubles most because we know little or nothing about those of our neighbor. If we exercised our charity more in trying to relieve others' pains and trials, we should largely forget our own and be vastly happier. *The servant of the Lord must not wrangle, but be mild towards all men. – 2 Tim. 11.24.* Kind words and kind deeds towards others while they are living are immeasurably more precious to them than whole fields of flowers and rivers of tears after they are dead. *It is better to dwell in a wilderness than with a quarrelsome and passionate woman. – Prov. xxi. 19. My little children, let us not love in word, nor in tongue, but in deed and in truth. – Ecclus. vii. 36-39.*

Sunday April 27th is Divine Mercy Sunday. Jesus promises unfathomable graces on this day to souls that will go to confession 8 days beforehand and then receive Him worthily in Holy Communion.

Carmelite Dates

April 17th – Blessed Baptist Spagnoli of Mantua ,priest and poet (His body is incorrupt)







Our Lady Star of The Sea Chapter, North Myrtle Beach, SC



If I Were There

If I were there, I would not have let them spit on YOU or slap YOU. I would not have them whip YOU or laugh at YOU. I would have protected YOU. I would not have let them accuse YOU, unjustly try YOU, and condemn YOU to death. I would have defended YOU. I would have been Your advocate. If I were there, I would have helped YOU carry YOUR cross. I would have helped YOU get up when YOU fell down. I would have given YOU water for your thirst. I would have wiped YOUR face with my veil. If I were there, I would have stood at the foot of Your Cross with our sorrowing Blessed Mother. I would have consoled Her. If I were there, I would have helped YOUR tomb. I would have waited outside the tomb to guard YOU.

But my Jesus I was not there, and I could not do these things for YOU.

I can only Thank YOU for what YOU did for me.

I can only defend, protect and advocate for others-to give them water when they thirst, food in their hunger and help them carry their crosses.

The Blessed Mother directs me to YOU and she consoles me.

When my own cross is too heavy, and when I fall under it, YOU lift me up, and YOU carry it for me as YOU did Your own Holy Cross.

Jesus, I was not there for YOU, but YOU are here for me.

Happy Birthday:



Belated Birthday Wishes To Pat Hollenbeck 3/16



Please pray for All Carmelite Souls

Our Pope More Priests **World Peace** Peace in our Families

Wishing You and Your Families a most Blessed , Holy and Happy Easter.

With Much Love in Carmel, Joyce TOC